



SALADS

Baby Mixed Greens 5

Caesar 5 | 10
chicken +5 | salmon +9 | shrimp +6

Caprese 11
fresh mozzarella, tomato, basil

Grilled Shrimp Amalfi 17
mixed greens, artichokes, kalamata olives,
roasted red pepper, housemade dressing

*add a house salad to any entrée, 3

ANTIPASTI

Antipasto Board 18
salumi + cheese

Tomato + Basil Bruschetta 10

Mozzarella Cheese Toast 6

Bowl of Warm Olives 9

Hot Artichoke Dip + flatbread 10

Arancini di Riso 11
saffron rice, peas, herbed cheese

Shrimp Scampi 12

Calamari Frité 12
orange remoulade or marinara

MKB Sausage + Peppers 12

SIDES

Ask your server about additional features

Broiled Lobster Tail 13

Truffle Parmesan Pomme Frités 5
crispy fried shoestring potatoes

Chef's Daily Vegetable 5

MANGIA CLASSICS

Nonna Rosa's Lasagna 16
circa 1936! Italian sausage + cheeses

Eggplant Parmesan Al Forno 16
flash-fried eggplant slices, Italian cheeses,
Nonna Rosa's Marinara ... a customer favorite!

Chicken or Veal Parmesan Al Forno 18 /21
Italian cheeses, mushroom, Nonna Rosa's Marinara

Chicken or Veal Marsala 18 /21

Chicken Mangia 18
crispy chicken breast, sautéed peppers, onion,
mushroom, tangy LaCantina glaze + pasta marinara

Mangia Sausage & Peppers 15
tangy LaCantina glaze + side of pasta

Polla Rosa 18
chicken, mushroom, artichoke,
red pepper cream sauce + side of ravioli

Fruitti di Mari 29

- Emilio's Favorite -

A bounty of the sea ... shrimp, clams,
mussels, scallops and calamari, in a
tomato seafood broth served over linguini

Herbed Ricotta Manicotti 13
marinara or meat sauce
add meatball or sausage + 4

Chicken Limone 18
pan seared chicken breasts, lemon cream sauce,
cheese ravioli, sautéed spinach

PASTA

Fettuccine Alfredo 14
primavera +2 | chicken +5 | shrimp +6

Lobster Mac-Cheese 18
Chef's blend of Italian cheeses + succulent lobster

Linguini + Clams 17
olive oil, garlic and herb sauce

Fra Diavolo 29
spicy red sauce, lobster, shrimp + bucatini pasta

Pasta La Sorella 19
crispy crumbled sausage, caramelized onion,
bacon, tomato, basil, red pepper flakes, romano

Mangia Spaghetti and Meatballs 14
circa 1936, a family favorite!

Baked Spaghetti 13
add meatballs or sausage +4

Pasta Marinara 12

Mussels Marinara 18

Ravioli Grande al Forno 15
add meatballs or sausage +4

Tomato Basil Chicken 17
roasted chicken, prosciutto, mushroom,
red onion, tomato basil cream sauce + rigatoni

Shrimp Scampi 19
lemon, garlic butter, olive oil
and herb sauce served over linguine

Pasta Emilio 18
Italian sausage, sautéed peppers, onion,
artichoke, mushroom, peas, prosciutto,
pesto olive oil + spaghetti

Rigatoni 18
savory herb roasted chicken, mushroom,
caramelized onion, marsala cream sauce

Pistachio Pesto 16
bucatini pasta, pecorino romano
add chicken +5 or shrimp +6

BRICK OVEN PIZZA

12" Serves 1-2 people. Fresh Toppings + House-Made Sauces. Gluten-Free Crust Available

Caprese tomato, fresh mozzarella, basil 16

Palermo Italian sausage, mushroom, green pepper 16

Emilio artichoke hearts, roasted red pepper, black olives, mushroom 15
... try adding Italian sausage!

Build-it-Yourself: 12" Cheese 12 - additional Items +1.50 ea.

Toppings

Cheese: Gorgonzola - Fresh Mozzarella

Veggies + Herbs: Mushroom - Artichokes - Onion - Peppers - Black Olives -
Roasted Peppers - Green Olives - Anchovy - Pineapple - Basil - Garlic

Meats: Sausage - Pepperoni - Bacon - Roasted Chicken - Ham

SEAFOOD + STEAK

Grilled Mahi 19

Chef's selection of potatoes + vegetable

Grilled Snapper 22

lemon scented risotto

Mussels 17

pan sautéed in white wine, herbs & olive oil

Grilled Salmon 19

Chef's selection of potatoes + vegetable

Grilled Flat Iron Steak 21

mushrooms, spinach and herbed pomme frites

Bacon Wrapped Filet 31

8 oz. grilled to perfection

Chef's selection of potatoes + vegetable

NY Strip Steak 27

12 oz char grilled

Chef's selection of potatoes + vegetable



If you're gluten-free, vegan or vegetarian, let your server know. We have vegan and GF pasta, GF pizza crust, and we can make most dishes to suit your allergy or preference. just ask!

OUR FOOD TRUCK!
Blue Plate Food Truck is available to schedule for your event or company!



Please inform your server of any dietary restrictions. Ask your server about menu items that are cooked to order or served raw. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.